

Welcome to the Energy Health Clinic

Thanks for your interest!

This is an attempt to give you - in a few words - a different perspective about health and the possibilities for restoring health. Compare this to the picture painted over the last years by conventional medicine. The issue is so complex that a few words will very likely be insufficient. I try anyway.

Apart from pathological and measurable biochemically and biophysically causes for bodily dysfunctions – usually called diseases – there are many other causes which contribute to loss of health. Root causes for diseases can often be found in ‘the way we have been brought up as children’. There are many social, spiritual, and environmental influences. Genetic predispositions play a role. The insights from ‘epigenetics’ show these genetic predispositions are less important as previously thought. Psycho-neuro-immunology is a relatively new branch of multidisciplinary science. This shows us exciting new ways to avoid and self-heal emotional and bodily dysfunctions. And this can be easily and quickly achieved by using methods from ‘energy psychology’.

Different cultures worldwide take different pathways in medicine. East Asian doctors use the teachings from acupuncture and the workings of life force, called Chi. They stimulate the flow of subtle energies to gently redirect a patient back to health. Russian doctors look at the more measurable electric energies within the body and focus on neurology - which also include research on reflexogenic zones. Some doctors in Europe focus more on the restitution of health by using diluted solutions as in homeopathy. And there are many other cultures who use different methods again.

Conventional medicine does look mainly for evidence to show that the offered methods work well, before implementing them in the list of suitable (mostly medication) therapies. Since the COVID-19 outbreak, we now know the handling of evidence and collecting of information are not as scientific as mandated in previous decades. There were obvious signs before the pandemic for example letting business orientated scientific papers be the standard. These sometimes withhold important information, allowing therapies to be patented, to solely focus on biochemical medicine ... the list of critical points about conventional medicine is long and can be easily found in many publications about the history of medicine.

My name is Jorg Prinz. I have been in the health service since 1971.

Initially, I trained as paramedic, then as a nurse and finally I became a medical doctor. I worked as physician in Germany and in New Zealand. I am a ‘doctor of medicine’, which is a PhD. For my dissertation I did practical research for many years about the immunotherapy of prostate cancer.

I was lucky to learn acupuncture and electro-acupuncture at university: the Justus-Liebig-University in Giessen, Germany, was very progressive in the 1980s.

After working for a few years at Whakatane hospital I decided to leave conventional medicine.

Since 2004 I work fulltime as a registered Naturopath.



With the knowledge I gained over the decades of my involvement in medicine in my different roles as paramedic, nurse, medical doctor, scientist and now as a naturopath, I offer simple and very effective methods to regain health.

- This involves mainly to see and treat any patient individually because I know the same symptoms in two patients do not necessarily have the same causes. I not only look at the minute details of a pathological process that could be the cause of a disease as described in conventional medicine. As important as these minute details may be – the environment of a patient is more important. So is their mood, their emotional well-being, and their lifestyle. In my practice, I can assist a bodily dysfunction to improve, but I have little influence on the health preventing psycho-social factors. Put another way, I cannot fix a patient. I can stimulate their bodies and I can stimulate their ‘being’ to change. For the restoration of their health, I need the patient to ‘work as smart’ as I will do. ‘Work’ sounds tedious, it is however easier when patients use methods from ‘energy psychology’. These methods, thought to be ‘new-age flower-power voodoo’ in the past, now sound scientific randomised trials show how and how well these methods work

- **SCENAR therapy** stimulates the body with bio-controlled and gentle electro-stimulation applied through the skin. It feels like a gentle electro-massage. This is a bio-physical therapy which stimulates the brain to release endorphins. Endorphins are proven to be more powerful painkillers than morphine pills. SCENAR therapy stimulates the body to produce more neuropeptides that make a person feel better – a powerful base to self-healing.

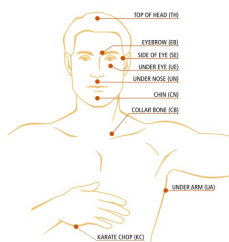


The way SCENAR works is cumulative, rather than simply masking pain. As you continue to apply the simple techniques over several treatments you can expect a continuing reduction in the intensity and frequency of pain. SCENAR effectiveness is not condition specific. Where there is a continuing causative factor, such as in chronic inflammatory conditions, you should also do your best to follow good lifestyle advice.

- **Low Level Laser Therapy** is also applied through the skin. Treatments and healing with light is nothing new and even used in conventional medicine. As you know, sunlight makes the human skin produce vitamin D; neonatal jaundice is treated with phototherapy, sometimes called heliotherapy, with light of a certain wavelength. Laser therapy with red and infrared light helps treating inflammation effectively. The tissue can recover quickly.



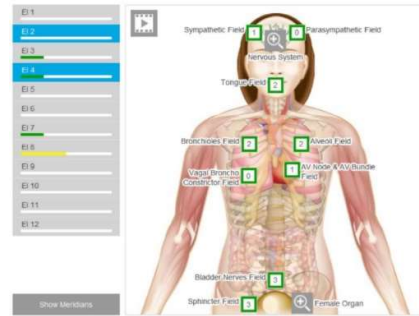
- If you want to regain full health, it is necessary to balance acute and chronic emotional states and patterns. There are simple and easy to learn methods from **energy psychology** like EFT – Emotional Freedom Technique – and TBT – Trauma Buster Technique. The execution of these methods, sometimes called mind-body-medicine, is simple and easy. They can be learned quickly and used any time. The physiological effects go deep with measurable effects of positive changes in neurotransmitter secretions, anti-inflammatory effects and even a change in gene expressions. The neurological and



biochemical changes after EFT help to permanently stabilise positive emotions and thereby help the physical body to heal.

- While energy medicine is a complementary or stand-alone therapy which can do a lot for regaining health, I also offer a simple test to check these energies within the body.

The **NES Energy scan** does exactly this: the scanner checks for the energy distribution in different parts of the body. The human body field can be done with a handheld scanner – or now by voice analysis over a long distance using the internet. It gives a lot of



insights to the practitioner – it does not give a conventional medical diagnosis. It helps to find a good starting point where and how to begin the treatment. Together with tailor-made homeopathic drops, called Infoceticals, that can balance the energies.

The NES Health system is a stand-alone application and can be combined with any other therapies.

In summary, all treatments on offer are evidence based, developed by physicians for physicians. These methods have not yet found entrance into conventional medicine. I think this is because it takes far more time to apply these methods than the standard short appointments so common these days.

These treatments can be stand-alone or complementary therapies. Sometimes conventional medication is necessary. Working on the energetic part of the body and mind does help to utilise the medication better.

Chronic pain or chronic (even low level) inflammation can be alleviated. There are more and more scientists who agree that chronic inflammation may well be the sole cause for a lot of diseases including diabetes, heart failure, stroke, cancer and lifestyle diseases. Keeping inflammation to a minimum helps a person to heal.

If you are unsure if you could benefit from my work have a free 15-minute consultation. If you are in (chronic) pain or know somebody who is, come for a treatment to see for yourself: please make an appointment at the Energy Health Clinic



Call 0800 407246

Or book online at www.drjoe.co.nz

To purchase a personal SCENAR device or do SCENAR training please go to www.scenar.nz